The Great Schuss

Lexington Ski & Sports Club

JANUARY MEETING: IT'S THE 8TH!!

The January meeting will be January 8th since the first Tuesday is a holiday! **BE THERE!**



LEXINGTON SKI & SPORTS CLUB, INC. P.O. BOX 22375 Lexington, KY 40522-2375 www.lexskiclub.org

LSSC SOCIAL SCENE

Holiday Party Fun!

The LSSC Holiday party was held at the home of Social VP, Linda Gorman, on December 1st, a great kick-off for the season! LSSC revelers were on hand to get the holiday started right.





January Happy Hour! Start the Party!!

Don't let the winter blahs get hold of you! Get out with your LSSC buddies and "Start the Party," at the monthly happy hour on Friday, January 25th, at West Sixth Brewery, 501 West 6th Street. Try the locally-brewed, handcrafted beer. Snacks are available for purchase and food trucks on site for bigger appetites. We start at 6:00 p.m. and goes as long as you want to stay!

INSIDE THIS ISSUE:

BOARD MEETING	2
JANUARY BIRTHDAYS	2
BEAVER CREEK	3
EPIC LOCAL PASS	3
SALT LAKE CITY	4
LAKE TAHOE	4
SAN FRANSISCO	5
EUROPE	6-

THE GREAT SCHUSS PAGE 2

JANUARY BOARD MEETING SCHEDULED

The next meeting of the LSSC Board will be on Wednesday, January 9th at 6:30 p.m. in Room 127, "The Commons," of the UK HealthCare Charles T. Wethington Building, College of Health Sciences. Contact any Board member if you are interested in attending. All Board meetings are open to LSSC members. E-mail Linda Gorman (lsgorm0@uky.edu) if you need directions.

Charlie Lisle - President, clisle1512@aol.com

Dan Geiger – President-Elect, dan.geiger@insightbb. com

Howard Glauert – Executive VP, hglauert@uky. edu

Catherine Monzingo - Secretary, camonzingo@yahoo.com

Janet Jones -Treasurer, jgjones@uky.edu Linda Gorman – Social Director,

lsgorm0@uky.edu

Jan Clark– Newsletter Editor, janclark@roadrunner.com

Barbara Gibbs- Membership, beb5860@ yahoo.com

Terry Esrael - Webmaster, hwy66kicks@insightbb.com

Dianna Miller - Racing Director, hagski @aol.com



CELEBRATING JANUARY BIRTHDAYS!

Art Schlaeter 1/8
Janet Jones 1/11
Ed Murphy 1/11
Jim Blackwell 1/13
Jeanne Clark 1/18
Gary Thompson 1/20



SKI COUNCIL, INC.

OHIO VALLEY

<u>Don't forget</u>. . . If you haven't renewed your membership yet, <u>you're late!</u> Separate checks for trips and dues, please!!

OVSC RACE SCHEDULE 2013

Race Times

Perfect North: Saturday TBD, Sunday 10:00 am Paoli Peaks: Saturday 10:00 am, Sunday 9:30 am Mad River: Saturday 10:00 am, Sunday 10:00 am Snow Trails: Saturday 9:00 am, Sunday 9:00 am Race times are tentative. Check in lodge upon arrival.

Lodging

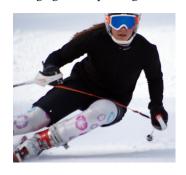
Mad River Comfort Inn Maryville 937.644.0400 \$69.99 +tax, Rooms held until Dec. 29th

Paoli Peaks
Comfort Inn Suites French Lick
812.936.5300
\$102 +tax, Rooms held until Jan 5 for Jan 12

Jan 25 for Feb 2

Snow Trails Lodging details pending

<u>Perfect North</u> Lodging details pending



Race Schedule

Jan 5-6: Mad River, OH; hosted by Columbus; lift prices pending Two GS on Saturday, SL/GS on Sunday

Jan 12-13: Paoli Peaks, IN; hosted by Louisville; weekend ticket \$72 (\$52 Saturday, \$47 Sunday), purchase tickets at upstairs deskTwo GS on Saturday; Two GS on Sunday

Jan 19-20: MLK Week-end, No OVSC racing; Columbus invited OVSC racers to join them at Mad River, OH for races both days; lift prices pending

Jan 26-27: Mad River, OH; MR OPEN; Columbus; lift prices pending Single SL, Dual GS on Saturday; Figure 11, GS on Sunday

Feb 2-3: Paoli Peaks, IN; hosted by Lexington/Frankfort; weekend ticket \$72 (\$52 Saturday, \$47 Sunday), purchase tickets at upstairs desk Dual GS Cup Qualifier/Cup Race Saturday; Dual GS Sunday

Feb 9: No OVSC racing

Feb 10: Perfect North, IN; hosted by Cincinnati; \$33 ticket at inside window Two GS; Mike Robbens Memorial Race; Registration required; Additional fee

Feb 16-17: Snow Trails, OH; hosted by OVSC; vlidt ticket \$37 plus \$5 race fee

Feb23: Perfect North, IN; hosted by Cimcinnati; \$33 ticket at inside window Two GS

Feb24: Perfect North, IN; King/Queen of the Hill; Non-OVSC; \$33 ticket at inside window

March 1-3: Timberland, WV; WV Governor's Cup Race

Race formats (GS,SL, etc.) are subject to conditions and course availability.

Contact Racing Director, "Lady Di" Miller, at hagski@aol.com

PAGE 3 JANUARY, 2013

BEAVER CREEK, COLORADO: JANUARY 12 to JANUARY 19, 2013

Beaver Creek is a feast for the eyes, a delight for the senses. The influence of renowned resorts such as Switzerland's St. Moritz, Italy's Cortina, and Spain's Val d'Aran led to the creation of a unique mountain resort full of excitement and village luxury.



Originally designed to accommodate skiers of all abilities, Beaver Creek Mountain continues to welcome and challenge those who visit her slopes. From the gentle groomed runs of Strawberry Park to the rugged glades and bump runs of Grouse Mountain, Beaver Creek is enjoyed by all levels of skiers.

When George Townsend first settled in the valley in 1881, he knew he'd found something special - an exceptional mountain, lined with aspen groves and beautiful vistas that would become a

world-renowned destination. 1972, Vail Resorts continued his vision by purchasing the land and began designing a resort that combined Western hospitality and Euro-While obstapean charm. cles delayed resort completion, Beaver Creek finally opened to the public December 15,1980.

Major events have always found a home at Beaver Creek. The mountain was named as a potential site for the 1976 Winter Olympics. In 1989, the resort hosted the World Ski Championships. Beaver Creek will again host the World Championships in 2015.

There are 4 mountains -Beaver Creek, Grouse Mountain, Larkspur Bowl, and Arrowhead Mountain.

Vertical: 4,140 ft

Top elevation: 11,440 ft Base elevation: 8,150 ft Skiable area: 1,815 acres Groomed area: 776 acres

Runs: total 149 - 19% beginners, 43% intermediate, 38% expert/advanced Longest run: Centennial 2.75 miles Lifts: 2 gondolas, 11 quads, 1 triple,

3 doubles

Snowfall: 310 ins per year

Lodging will be at the East West Resorts slope side 3 bedroom/3bath (6 person) condos of Highlands Lodge, Westview, situated between the bases of the Highlands lift and the Buckaroo Gondola. More details are available at www.eastwestbeaver creek.com/highlands-west view.

Included in the OVSC package are the following:

5 of 8 day Lift Package Welcome Party Après Ski Event NASTAR Ski Race Mountain Picnic Thursday Awards Dinner Race Awards Credential/Lanvards Ground transportation from Denver Airport (not individual transfers to/from Eagle Airport) on chartered buses.

Cost is \$1,598.00, including air, or \$1,168.00 land only. Reservations have been held for 28 people. The trip leader is Peter Woollam at woollam@aol.com.

See www.beavercreek.com for more information.



CHECK OUT THE EPIC LOCAL PASS FOR BC & TAHOE!

If you are going to participate on both the Beaver Creek and the Lake Tahoe trips, you might want to consider purchasing the Epic Local Pass. The cost is \$509, or \$44 less expensive than the combined lift tickets for the two trips, plus you will have included additional ski days at these Vail Resorts. If you purchase

an Epic Local Pass (or Epic Pass if you plan to ski even more) let your trip leaders know so that you do not purchase lift tickets as part of your LSSC trip. Trip prices will be reduced accordingly.

Purchases and more information about the passes can be found at www.

snow.com/epicpass/passes/ epic-local-pass.aspx







THE GREAT SCHUSS PAGE 4

SALT LAKE CITY, UTAH: FEBRUARY 9-14, 2013

We are returning to SLC in 2013 to take advantage of the peerless variety of world class ski resorts near Salt Lake combined with great value. Recent Club polls placed Utah at the top of the list. We will have four ski days available.

We will be staying at the three star Crystal Inn in down town SLC (230 West 500 South). The trip cost is based on double occupancy with two beds in each room. The Crystal Inn provides a free hot breakfast buffet each morning, free wireless internet access throughout the hotel, free air port shuttle and free parking. All rooms have a mini-fridge, microwave, hair dryer and coffee maker. The hotel has a hot tub and swimming pool.

Numerous restaurants are nearby and SLC offers extensive shopping and attractions including Temple Square.

Also included in the trip is a 4-day Super Pass. The Super Pass provides skiing at your choice of Alta, Snow Bird, Brighton and Solitude. It also provides free transportation on UTA buses and Trax light rail system. It can also be used for a 20% discount on ski rentals at the Super Pass resorts.

The UTA provides ski buses in the morning and afternoon serving all the resorts on the Super Pass. A UTA bus stop is near the hotel.

Skiers must provide their own transportation to Salt Lake. A recent check of rates for Delta from Lexington showed a rate of \$475 including taxes.

The trip price is \$559, ground only. \$100 is required with a completed trip application to reserve a slot on the trip. After the initial \$100 payment, \$100 per month is due by the end of September, October, November and December. \$59 is due by the end of January. If you find it more convenient, payment in full can be made with the application.

The trip leader is Dan Geiger at dan.geiger@insightbb.com or 859.797.4212.



ALTA - BRIGHTON - SNOWBIRD - SOLITUDE





Trip Leader Dan Geiger

SOUTH LAKE TAHOE, NEVADA: MARCH 17-24, 2013

Get your skis and boards ready! We are headed to Lake Tahoe in March 2013!

Lake Tahoe is surrounded on all sides by the *Sierra Nevada* mountain range. Lake Tahoe was formed about 25-million years ago and is the second deepest lake in the United States at 1,645 feet deep (tenth-deepest in the world). Lake Tahoe has 75-miles of shoreline, is 22-miles long, 12-miles wide, and we will be skiing at least three of the resorts overlooking it.

We will stay at the remodeled *Forest Suites* 2 bed/2 bath condominiums located 100 yards from the Heavenly

gondola. The amenities include breakfast and wireless internet.

The air package includes airfare on **Del**ta between Cincinnati and Reno, ground transportation between the airport and lodging, 4 day lift tickets and the usual OVSC amenities.

Travel from *Heavenly* to *Kirkwood* and *Northstar* will be approximately \$20 per person per trip. With enough participant interest, we can take an après ski cruise across the lake back to our resort and arrange to ski other resorts, such as Squaw Valley.



THE GREAT SCHUSS PAGE 5

SOUTH LAKE TAHOE, NEVADA: MARCH 17-24, 2013 (continued)

Mountain/Resort Statistics

Heavenly: Elevation of 10,067 feet; 4,800 skiable acres over two states; vertical drop of 3,500 feet.

Northstar: Elevation of 8,610 feet; skiable acres of 3,170 (over 600 are gladed); vertical drop of 2,280.

Kirkwood: Elevation of 9,800 feet; skiable acres of 2,300; vertical drop of 2,000 feet.

The cost of this trip is \$1489 per person, double occupancy (\$953 land only). The trip leader is *Catherine Monzingo* at 859.315.8268 or camonzingo@yahoo.com.



The Way It Should Be



Trip Leader Catherine Monzingo







TIME TO PACK SKIERS! SKI TRIP PACKING CHECKLIST

Accessories

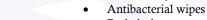
- Glasses and/or contact lenses, if necessary
- Slippers
- Sunglasses

Clothing

- Gloves or Mittens
- Heavy sweaters
- Long underwear
- Neck warmer or scarf
- Snow boots
- Turtlenecks
- Warm hat
- Waterproof ski jacket
- Waterproof ski pants (choose pants made of tightly woven nylon, polyester, or Thinsulate)
- Waterproof socks (look for wool-blend socks that wick away moisture to keep feet warm and dry)

Equipment

- Alarm clock
- Batteries for small electronics and cameras
- Camera (and film, if needed)
- Electronics chargers for your cell phone, camera, video camera, and laptop
- Hair dryer (unless the hotel or ski house will supply one)
- Headphones for watching in-flight movies
- Helmet
- · iPod and iPod dock
- Poles
- Ski bag
- Ski boots
- Ski goggles
- Ski lock
- Skis



- Body lotion
- Comb & brush

Health & Beauty Items

- Contact lens solution (if needed)
- Deodorant
- Facial cleanser
- First aid kit, including gas-relief tablets, antacid, antidiarrheal medi cine, antihistamine for allergies, bandages, candied ginger for mo tion sickness, mild laxative, non-aspirin pain reliever, thermometer in a hard case
- Floss
- Lip balm with SPF 15+
- Moisturizer
- Personal hygiene items
- Prescriptions
- Razors
- Shampoo & conditioner
- Shaving gel
- Soar
- Sunscreen (at least one multi-purpose with SPF 15)
- Toothbrush
- Toothpaste

Miscellaneous

- Addresses for postcards
- Healthy snacks
- Government issued ID
- Maps and directions
- Money (cash, debit card, credit cards)
- Photograph of suitcase contents in case of loss
- Printouts of reservations
- Travel journal
- Travel pillow and blanket





THE GREAT SCHUSS PAGE 6

SWITZERLAND'S INTERLAKEN: MARCH 9 - 17, 2013

Limited availability!

Snow Sports Specifics in Brief!!

In winter visitors benefit from the central location of Interlaken and the associated opportunity everyday to pick their favorite among the six areas of the Jungfrau Top Ski Region (Mürren/ Schilthorn, Klein Scheidegg/Männlichen and First) or the family-oriented ski region of Beatenberg or Axalp-Brienz. Over 45 mountain railways, aerial cableways, chair and ski lifts take athletes to 125 miles of runs. Crosscountry skiers and toboggan riders also are well catered for in the vicinity. And there are over 135 miles of winter walking trails in Interlaken, Beatenberg, Axalp-Brienz, Habkern, Wilderswil and the Jungfrau region. Guests staying in the area of Interlaken may take advantage of the daily ski bus transfer connecting Interlaken with the ski-region Mürren/Schilthorn, Kleine Scheidegg/ Männlichen, and Grindelwald-First.

In Wengen, see and ski the course of the legendary Lauberhorn World Cup downhill race, the longest and, many believe, the greatest race there is.

Staying in Interlaken, you will have easy access to great ski areas:

Grindelwald - First Kleine Scheidegg - Männlichen Mürren - Schilthorn Axalp Brienz Beatenberg -Niederhorn

Pricing is tentatively only \$2,095 for all this! Details and prices on side trips and the extensions to the Romania/ Transylvania and to Zermatt will be available at the August meeting!

For more information, contact Trip Leader Janet Jones at 859.420.5016 or email at jgjones@uky.edu. Interlaken lies in the Bernese Oberland on an alluvial plain, between Lake Thune and Lake Brienz. The vacation destination, which is presided over by the three mighty mountains, Eiger, Mönch and Jungfrau, is the starting point of many activities. Thanks to the new mystery park, a stay in Interlaken is even more rewarding than ever! Guests can com-



Schweiz · Switzerland · Suisse

bine a fantastic journey to the great mysteries of our world with exhilarating excursions of the Jungfrau region. So close . . . The Interlaken holiday region and its neighboring chalet villages of Beatenberg, Bonigen, Habkern, Iseltwald, Ringgenberg-Goldswil, and Wilderswil, are perfect for a relaxing yet active vacation.

And for vacation visitors who prefer to take life a little easier. various vessels (including two lovely restored lake steamers) offer a choice of captivating cruises. Interlaken also offers a magnificent mountain world. The Eiger, Mönch, and Jungrau seem close enough to touch. The Schillthorn, with its imposing 360° panorama and many other summits offer wonderful hikes. The glorious glacier village of Grindelwald, an ideal departure point for trips to the world-famous Jungfrauoch, is a mere 20 kilometers away.

What's included:

Airfare: Lexington → Zurich → Lexington Ground transportation: Zurich → Interlaken (with English

Seven nights at City Hotel Oberland Breakfast buffet and dinner daily (Dine-Around Plan for dinners)

Welcome drink and area briefing in Interlaken Hospitality desk at the hotel daily with local guide Use of high speed internet at hotel

Dedicated OVSC daily ski shuttle Fuel charges/air taxes/local taxes/baggage-handling tips Many great optional day tours Discounted lift tickets and equipment rental Optional pre-trip to Romania/Transylvania Optional post-trip to Zermatt for skiing the Matterhorn area



PAGE 7 THE GREAT SCHUSS



























Details . . .

Just some of the Winter Activities available......

- •Ski and Snowboard
- •Balancer slope glider
- Canyon jump
- Curling
- Ice hockey
- Ice skating
- Glacier trekking
- •Heli-skiing and boarding
- •Climbing in winter
- Cross-country skiing
- Nordic walking
- •Paragliding and hang-gliding
- Riding
- Sledding
- Snowshoeing
- Swimming
- •Interlaken Rope Park
- Sky diving
- •Snow tubing
- •Winter hiking

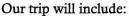
It's pure adrenaline! Sky diving, heliskiing, paragliding, wide slopes and toboggan runs - there's no limit to the range of winter sports on offer in the Interlaken holiday region.

Interlaken's offer of winter sports and adventure is as good as the summer one! Rock around a snowpark, curve and carve your way across ample ski slopes, sledge down a toboggan run or two, or experience the free-fall sensation of sky diving. Ice skating, winter hiking, riding and even overnighting in an igloo make for somewhat quieter winter days that are just as thrilling.

ROMANIA/TRANSYLVANIA: MARCH 2-9, 2013

"Authentic," "Natural" and " " "I" are the words that best captur " nce of Romania, a dynamic cour " " in " ry, arts and scenic beauty " anir " untless unique trave! " " nce of Romania, a dynamic cour " in " ry, arts and scenic beauty " in " in the course of Romania, a dynamic course of Romania, and " " in " ry, arts and " in " ry, arts and scenic beauty " ry, arts and scenic beauty" " ry, arts and scenic beauty " ry, arts and scenic beauty" " ry, ar

Buch om city. Take a step back in the world's famous painted nowina, the ancient, hilltop citadel in Signary and authenic, centuries-old, folkloric village. Explore Romania's many architectural treasures and experience its vibrant and flourishing arts scene.



- Seven nights lodging in four- and five-star hotels
- ·Breakfast and dinner daily, including
- •Dinner and folk show in Bucharest with wine
- •Dinner in the Dracula Restaurant with wine and special cocktail
- Traditional dinner at a farm in Sibiel with wine and schnapps
- •Dinner in Old City Center of Sibiu with wine
- •Horse drawn cart excursion, lunch included
- Tour escort and guide throughout the trip
- Air from Bucharest to Zurich including taxes, fuel surcharge
- •Entrance fees for many of Romania's most famous sites
- Local taxes, guide gratuities, luggage handling at hotels

Pricing has not been finalized, and will depend on the total number of OVSC participants, the Romanian Lei– dollar exchange rate at the time of ticketing, and changes in fuel surcharges. Anticipate a price ranging around \$1,439, but could be more if lower than anticipated OVSC-wide count.







ZERMATT: MARCH 17-23

Zermatt lies at the foot of the Matterhorn (4,000m). In total there are 29 4,000m peaks surrounding the village, all packed with deep powder. The resort offers year-round skiing thanks to its glacier. The village itself is peaceful thanks to the absence of cars, only electric vehicles and horse-drawn carriages are allowed. Traditional architecture lines the streets, as do restaurants bars, and shops. Another member of the Best of the Alps coalition, Zermatt is unique and always a great place to ski.

Package includes:

- Ground transportation Interlaken Zermatt- Geneva
- Five nights accommodation at the Hotel Gorenergrat-Dorf + one night in Geneva
- •Breakfast buffet and four-course dinner daily
- Hospitality desk at hotel
- •Local taxes, luggage handling, and tips
- •Lift tickets and ski/board rentals extra

Pricing has not been finalized, but will be approximately \$1029 + air and Geneva hotel add-on. (Note: Zermatt extension is only available in conjunction with the Interlaken trip.)

