

THE GREAT SCHUSS

LEXINGTON SKI & SPORTS CLUB

September, 2015

Meeting September 1

At

The Racquet Club

3900 Crosby Dr.

Lexington



Guest Speaker: Mark Miller

Topic: *Healthy Aging*

Social time will begin at 6:00 p.m.

The meeting starts at 7:00 p.m.

September Birthdays

David Morrison September 11



Don't forget, it is time to renew your membership in LSSC!!

You can renew online by visiting the LSSC web site or in person at the September member meeting. Dues are \$35.00 per year and may also be paid online or by check. Please be sure to *sign the member waiver* located on the back of the application. Completed paper applications can be returned to Cecile McKinney (membership chairperson) or sent to the club's P.O. Box (see website).



2015-16 SKI SEASON!!



The OVSC and LSSC trips have been selected and trip sign-ups have begun. There are still openings for all the trips. Individual trip descriptions follow. Trip deposits may be made at the meeting OR you can pay your trip deposits on the LSSC website (<http://www.lexskisports.org/trips>).

*News from the Executive Vice
President*

*A Trip leader is still needed for the
2016 trip to Alaska! If you are
interested, complete an application
(available for download from the
web site;*

*www.lexskisports.org/member-
documents) and return it to Howard
Glauert at*

hglauert@uky.edu

Whitefish Montana

January 16 – 23, 2016

Skiing



We are joining the OVSC trip to Whitefish Montana to ski at [Whitefish Mountain Resort](#). It is one of the largest ski areas in the nation. Famous for snow laden trees called snow ghosts, the 3,000 acres of groomers, glades, bowls and steeps are covered in 300-inches of powder annually. The ski resort is consistently ranked one of the top resorts in the nation. Just this winter Whitefish was named number 11 overall by SKI Magazine readers in this year's annual Resort Guide, the best ranking ever for the Montana ski resort.



Whitefish Mountain Resort Statistics:

- * 300 inches of annual snowfall
- * 3000 acres open
- * Top Elevation 6817 feet, base 4464 feet
- * 6.0% expert, 43.0% advanced, 38.0% intermediate, 13.0% beginner



Beyond world-class skiing, other winter adventures beckon with options of Glacier National Park tours, dog sledding, sleigh rides, cross-country skiing, ice skating, and snowshoeing. Plus, the shops and dining downtown along the covered Central Avenue —complete with theater, art galleries and live music — offer guests surprising sophistication in this genuine mountain town on the edge of vast wilderness.

Lodging Information:

Morning Eagle

We will be staying at Morning Eagle Lodge, located in the heart of Whitefish Mountain Village; it is Ski In – Ski Out and just steps away from all the shops and services. Built with Classic Montana ranch and National Park Lodge architecture, the common areas include a two-story lobby with large stone fireplace /lounge area. Guests will have use of a heated, secure underground parking garage and ski locker. Amenities include Roof Top Hot Tub, Fitness Facilities and some units with a Fireplace, washer and dryer.

Whitefish - 2016

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Trip Cost: \$1699.00

Ground only: \$959.00 **

*Roundtrip airfare
Cincinnati to Kalispell
Airport-see flight
information below

*5 day Adult Group lift
pass

*Roundtrip group ground
transfers Kalispell Airport
to Whitefish lodging (about
2 ½ hours)

*All OVSC trip activities
including welcome
reception, race and on-
mountain lunch, final dinner
and OVSC fees

*7 nights lodging at
Morning Eagle
Condominiums-see rates
and descriptions below

*Baggage handling and all
current taxes/resort fees.

**Ground transfers from airport can be arranged with the
group for \$30.00 but you need to provide flight information
to book.

Payment Schedule:

Click here to pay your deposit:

<http://www.lexskisports.org/trips>

August	\$100.00
September	\$400.00
October	\$400.00
November	\$400.00
December	\$399.00

Amount now due at signing: \$500.00

CONTACT:

Dianna (Lady Di) Miller

hagski@aol.com [\(859\) 749-2651](tel:8597492651)

Flight Information:

January 16, 2016

Cincinnati to Salt Lake
Salt Lake to Kalispell

Delta #1741
Delta #4522

8:40A – 10:21A
11:10A – 12:57P

January 23, 2016

Kalispell to Minneapolis
Minneapolis to Cincinnati

Delta#4502
Delta#4579

2:25P – 6:03P
7:20P - 10:16P

ASPEN SNOWMASS®

Feb. 6 - Feb. 13, 2016

Join your LSSC friends on this trip to Aspen/Snowmass, where four different ski areas are available for our enjoyment: Aspen Mountain, Aspen Highlands, Buttermilk, and Snowmass. We will be staying in the Tamarack Townhouses in Snowmass Village with convenient free shuttle service to the other areas.

Types of Trails		Aspen Mountain	Snowmass	Aspen Highlands	Buttermilk
Easy	●	0%	6%	18%	35%
More Difficult	■	48%	47%	30%	39%
Most Difficult	◆	26%	17%	16%	26%
Expert	◆◆	26%	30%	36%	0%

Total Cost: \$1,569.00

Payment Schedule

Aug - \$100.00

Sep - \$400.00

Oct - \$400.00

Nov - \$400.00

Dec - \$269.00

Package includes:

- Airfare between Louisville and Denver
 - United Airlines
 - Non-stop flights (no connection in Chicago!)
- Lodging in Snowmass at Tamarack Townhouses
 - 2 Bedroom/2 Bath units, 4 per unit
- 5 day lift ticket
- Ground transportation from Denver to Snowmass

About Tamarack Townhouses:

Located at the base of Fanny Hill on the Village Shuttle line and adjacent to the new Base Village, Village Express high-speed lift, and Kids' Adventure Treehouse, Tamarack Townhouses provide us with one of the best values among Aspen-Snowmass vacation rentals. These two-story townhomes feature an open kitchen and living room area with gas fireplace, spacious master suite with fireplace, large deck and private ground floor entrance. Amenities include:

- Year-round heated swimming pool
- Two-level year-round outdoor hot tub with waterfall
- Private ski lockers
- Free Wireless Internet



For more information contact: Ray Clark, rayclark138@aol.com, 859-552-5920

Alyeska/Anchorage, Alaska
February 27 – March 5, 2016
Trip Cost (ground only): \$1,149

The LSSC is going to Alaska!!! We will be first be spending 5 nights at Alyeska Resort and will be skiing 4 days. We then will move to Anchorage, Alaska for 2 nights, where we will be present for the start of the Iditarod dog sled race.

Alyeska Skiing



Alyeska offers mountain experiences for skiers and riders at all levels.

- Tree-lined groomed runs are ideal for the beginner.
- Intermediate and advanced skiers love the wide open bowls and long top-to-bottom runs.
- Mt. Alyeska is "steep and deep". Experts love the North Face, featuring North America's longest continuous double black run.
- Freestylers can check out the features at either [terrain park](#).

Hotel Alyeska Resort (Feb. 27 – March 3)



Hotel Alyeska is the only AAA Four Diamond rated resort in Alaska as well as being ski-in/ski-out. Conveniently located at the hotel, you will find restaurants and lounges, a fitness center, rental and repair shops, ticket window and distinctive sport and gift shops. And the Alyeska Tram and ski slopes are only steps away, making this a true ski-in/ski-out resort.

Hilton Anchorage (March 3 – 5)

This Anchorage hotel is a convenient ten-minute drive from Ted Stevens International Airport, and within walking distance of the Alaska Railroad Depot and Anchorage Convention District. Explore Anchorage's popular attractions including the start of the Iditarod, Alaska Museum of History and Art, the Ulu Factory, Nordstrom and the Fifth Avenue Mall – all only two blocks from the hotel. Enjoy a comfortable stay in a stylish guest room featuring thoughtful amenities and high-speed internet access.

Trip Includes:

- Five night stay at Hotel Alyeska and a two night stay at Hilton Anchorage
- Roundtrip transfers from Anchorage to Alyeska; Alyeska to Anchorage; Anchorage to airport.
- Four days of skiing at Alyeska Mountain Resort
- Welcome Reception – Sunday evening
- Mid-Week Barbecue Picnic
- Nastar Club Race
- Farewell Dinner and Dance Party
- Start of the Iditarod

Payment Schedule

Click here to pay your deposit: <http://www.lexskisports.org/trips>

August: \$100

September: \$200

October: \$200

November: \$200

December: \$200

January: \$249

Contact: Howard P. Glauert, hglauert@uky.edu

Snow Sport Specifics in Brief!!

Sölden is the largest ski resort in the Oetztal valley and its “Think big, think Sölden” slogan is applicable to both its terrain and nightlife.

This **Alpine Ski World Cup** venue ticks plenty of boxes: it has excellent snow reliability on two glaciers allowing it to stay open from October to May; an extensive network of slopes (145km) with an equally impressive lift system; more than 30 mountain huts in which to quench the thirst; a lively après-ski scene in town with an endless choice of party joints; and is located just an hour’s drive from Innsbruck.

Sölden’s **terrain** spans two glaciers (Rettenbach and Tiefenbach) and three well-connected mountains offering varied skiing for all levels. The ski area is particularly well suited to confident intermediates and advanced skiers.

Beginners will find gentle runs at Innerwald and Giggijoch while intermediates have varied blue and red pistes throughout the ski area. From the Gaislachkogel (3058m) there are more challenging ski routes as well as lots of off-piste opportunities.

Sölden (1377m) is not a particularly high town but its slopes reach an altitude of 3250 m. In fact it offers three mountain peaks above 3,000m called the **BIG3**: Gaislachkogel (3048m), Tiefenbachkogel (3250m) and Schwarze Schneide (3340m). Sölden’s peaks are so spectacular they have actually been chosen as one of the locations for the new James Bond movie *Spectre* due to be filmed this winter. Enjoy breathtaking views from the summit, or even lunch in the new **Ice Q** restaurant on the Gaislachkogel Peak (3048m), before taking one of the long runs back to town. The ski route from Schwarze Schneide at the Rettenbach Glacier down to Sölden is the region’s longest ski trail at 15km with nearly 2,000m change in altitude.

Pricing is only \$3,049 for all this! Remember that pricing is not final until ticketing due to fluctuations in currency rates and airline surcharges/taxes.

SÖLDEN, AUSTRIA

March 11 – 19, 2016

Sölden is the largest ski resort in the Oetztal valley and its “Think big, think Sölden” slogan is applicable to both its terrain and nightlife. The skiing in Sölden is split into three main areas: the Gaislachkogel area; the Giggijoch area; and the glaciers. A route publicized by the tourist office - the BIG3 Rallye - describes a way to get around all the areas in one day (the BIG3 refers to the three peaks of over 3000 meters that it is possible to visit along the way)

For apres-ski, Sölden’s main strip is filled with buzzing bars, clubs and restaurants. The vibrant party atmosphere attracts a young, lively crowd. There’s more than 80 venues to choose from. Between 3pm and 7pm the village turns into a party location with skiers gathering at the many open-air bars along the main road. Apres ski kicks-off in the mountain huts where there’s live music Friday afternoons, then back in town the party continues at a whole host of bars and nightclubs.

What’s Included ...

- Airfare Lexington – Munich – Lexington on Delta Airlines
 - Ground transportation Munich – Sölden - Munich
 - English-speaking guide on the bus
 - Seven nights at the four-star Hotel Tyrolerhof at the resort
 - Daily breakfast buffet at the hotel with hot and cold options
 - Dinner nightly at the hotel (five-course meal with two choices of starter, soup, and five choices of main meal and salad buffet)
 - Welcome wine and cheese reception with resort orientation
 - Use of wellness / spa facility with new, large indoor pool plus two saunas, two steam rooms and relaxation area at the hotel
 - One night at four star ATA Executive Hotel in Milan
- Fuel charges / air taxes / local taxes / luggage handling tips
- Local guide assistance
 - Many optional day tours
 - Optional post-trip extension to Greek Isles
 - Optional pre-trip extension to London

For more information, contact trip leader Janet Jones at 859.420.5016 or igjones@uky.edu



Details.....

Just some of the Winter Activities available.....

- Ski and Snowboard
- Ice skating and curling
- Heli-skiing and boarding
- Ice Climbing
- Cross-country skiing
- Nordic walking
- Paragliding and hang-gilding
- Dog sledding
- Ski Mountaineering
- Excursions and Snowshoeing
- Swimming
- Snow tubing
- Winter hiking

Sölden Ski Area

- 10958 ft Summit
- 6528 ft Max Vertical
- 4429 Resort Altitude

Features of Sölden Area

- 144 km (95 miles) of pistes
- 40 runs (57 km blue, 48 km red, 27 km black)
- 2 terrain parks
- longest run 9 miles
- 2 km ski routes
- 33 lifts and cable cars

Obergurgl/Hochgurgl Area

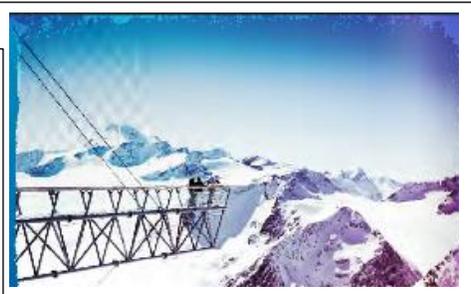
- 10111 ft Summit
- 4199 ft Max Vertical
- 4429 Resort Altitude

Features Obergurgl/Hochgurgl

- 110 km (1 miles) of pistes
- 35 runs (35 km blue, 55 km red, 20 km black)
- 1 terrain park
- 24 lifts and cable cars

Features of Oetz Area

- 80 km (49+ miles) of pistes
- slopes (18 km blue, 47 km red, 10 km black-)
- 3 km ski routes, 2 km freestyle
- 24 lifts



Pristine powder snow slopes, bizarre rock formations, snow-topped peaks, mighty glacier snouts, seclusion. This picture-book winter wonderland is truly incredible. The highest peaks seem to be so close. Only a few more steps und you reach the top: soon you will enjoy your personal first line on untouched powder or corn snow slopes. Passionate ski mountaineers – and all those who want to try it in the future – can indulge to the full in the magic high Alpine winter world of the upper Ötztal Valley. There are some of the finest "hautes routes" in the Eastern Alps. Special recommendation: the classic "Vent Loop Trail" – featuring Tirol's most attractive peaks higher than three thousand meters, including Wildspitze summit! A state of the art snowmaking system guarantees that the slope is completely prepared and groomed.

GREEK ISLES SAMPLER

with LSSC and OVSC

March 19 – 27, 2016

Tour all the main areas of interest in the Greek Isle region – plus Athens - with your LSSC and OVSC friends in March. A busy itinerary is planned to see all the best sights!

What's Included ...

- Air between Munich and Athens
- Transfer between Athens Airport and hotel in private motor-coach with driver/guide
- One night in **Athens** at the Hotel Titania with breakfast.
- Speed ferry to **Myconos**
- One night at LetoHotel with breakfast
- Three night cruise on **Celestyal Cruise** with stops in **Kusadasi**, Turkey, **Rhodes**, **Heraklion**, Crete, and Santorini
- Two nights at the Hotel Splendour in **Santorini**
- Speed ferry to Athens (Prieaus)
- Final night at the Hotel Titania in **Athens** with breakfast
- All meals included on cruise portion of trip
- All local taxes
- Departure tax
- Luggage handling tips
- Limited outside cabins and single supplements available for additional charge



Pricing is only \$2,299 for all this when booked with Sölden trip! Remember that pricing is not final until ticketing due to fluctuations in currency rates and airline surcharges/taxes. Greek Isles only available.

A FEW DAYS IN LONDON

March 7 – 12, 2016

What's Included...

- Air into London (Must include Sölden for this price)
- Transfer from Heathrow Airport to Hotel and return.
- Panoramic Tour of London on arrival day ending at hotel.
- 4 nights accommodations at the 4 star Kensington Close Hotel.
- English Breakfast daily.
- Local taxes
- Local tips.
- Airfare from London to Munich.



For more information, contact trip leader Janet Jones at 859.420.5016 or jjones@uky.edu

August



Picnic with the Pops on August 15 was enjoyed by everyone. A large paddle wheel boat, created by Diana Miller, won third place in the decorating contest. Congratulations!!! Some of our members even donned period dress!!



September

HAPPY HOUR AT THE ETHEREAL BREWERY

September 18, 2015 at 6:00 pm

The LSSC will meet at the Ethereal Brewery for a happy hour. A great chance to socialize *and* sample some local craft beers such as:

Ethereal Abaddon - 8% - Belgian Strong Pale Ale
Ethereal Anomaly Saison - 6.8% - Saison / Farmhouse Ale
Ethereal Do Over Double Pale Ale - 7% - American Double / Imperial IPA
Ethereal Hop-Shaka-Laka - 8% - American Double / Imperial IPA
Ethereal Lambda Oatmeal Stout - 5.7% - Oatmeal Stout
Ethereal Overstream - 6.4% - Saison / Farmhouse Ale
Ethereal The Reckoner - 7.2% - American Amber / Red Ale
Ethereal Wanderfarm - 7.2% - Belgian IPA
Ethereal Wanderland IPA - 6.5% - American IPA
Ethereal White Ale Witbier - 4.5% - Witbier

The brewery is located in the distillery district of Lexington at:

1224 Manchester St.



Board Notes



The next board meeting will be **WEDNESDAY, September 9, 2015** at 6:30 pm, at Linda Gorman's home. Members may attend any meeting of the board by notifying any board member advance.

LSSC Officers and Directors 2015-16

PRESIDENT - LINDA GORMAN

lsgor0@uky.edu

PAST PRESIDENT - JANET GRAHAM JONES

jgjones@uky.edu

SECRETARY-DAN GEIGER

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NEWSLETTER- ANNETTE RIEHLE

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RACING-DIANNA MILLER

hagski@aol.com

PRESIDENT-ELECT- JANET GRAHAM JONES

jgjones@uky.edu



LSSC website: www.lexskisports.org